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Life and health Coaching and Mentoring is a service that provides personal coaching to specific individuals and/or groups. The user is aware that coaching is in no way to be construed or substituted as psychological counseling or any other type of therapy or medical advice. The Released Party will at all times exercise its best professional efforts, skills and care of ensuring the client(s) is/are coached to meet their coaching aims and goals; the client understands and acknowledges the Steph Hende LLC coach and its affiliate coaches will not be liable legally or otherwise, for the actions the client may or may not undertake as a result of the coaching sessions, advising and general advice. No assumption of responsibility is made, or given, and the client requesting such advice agrees not to hold The Released Party responsible or liable in any form or fashion, for such actions taken or not taken of their own accord. The method and process by which this advice and direction is given in whatsoever, written, verbal or electronically constitutes an agreement of understanding by the user, and release of liability on the part of the provider and also is acknowledged by the user(s) to be different than clinical and/or medical counseling and advising.

User(s) agrees that using any of these coaching services are entirely at user's own risk. Coaching services are provided "as is", without warranty of any kind, either expressed or implied, including without limitation any warranty for information services, coaching, mentorship, uninterrupted access, or products and services provided through or in connection with the service. This service is requested at the client's own choice and with inherent singular responsibility. Any actions or lack of actions, taken by the client of such advice is done so solely by choice and responsibility of the client and is neither the responsibility nor liability of The Released Party. The user takes full responsibility in decisions they make after being coached as well as the outcomes of those decisions. The user enters into coaching with full understanding that they are responsible for creating their own results.

Additionally The Released Party may provide links to other web sites or written print material which may be of value, interest and convenience to you. This does not constitute endorsement of material at those sites or any associated organization product of service. It is the responsibility of the user to make their own informed decision about the accuracy of the information at those sites and print material including their privacy policies. In no event shall The Released Party be liable for any incident or consequential damages resulting from use of the material.

By using the programs owned, operated or recommended by Steph Hendel L.L.C. the user acknowledges their forfeited right to request a refund, sue or make claim against Steph Hendel L.L.C, Steph Hendel Coaching, its parents, subsidiaries, coaches, shareholders, officers, directors, employees, agents, and suppliers from any and all claims, actions, demands, suits, losses, or related damages (including attorneys' fees) connected to or deriving from the use of Steph Hendel L.L.C. products or services.

BY USING THIS WEBSITE & USING THE PROGRAMS AND/OR SERVICES:

I understand that the coaching services I will be receiving from the released party are not offered as a substitute for professional mental health care or medical care and are not intended to diagnose, treat

or cure any mental health or medical conditions. I also understand that Steph Hendel L.L.C. or coaches of the released party are not acting as mental health counselors or medical professionals.

I understand and agree that I am fully responsible for my well-being during my coaching sessions, and subsequently, including my choices and decisions with any and all of the information and services provided.

I understand that coaching is not a substitute for counseling, psychotherapy, psychoanalysis, mental health care or substance abuse treatment, and I will not use it in place of any form of therapy.

I understand that all comments and ideas offered by Steph Hendel L.L.C., Steph Hendel Coaching, Body Built By Love and those affiliated are solely for the purpose of aiding me in achieving my desired goals. I have the ability to give my informed consent, and hereby give such consent to my coach(es) to assist me in achieving such goals and aims.

I understand that to the extent our work together involves health related experiences, Steph Hendel L.L.C. and the released party is not promising any outcomes of any sort to the recipient of Steph Hendel L.L.C. coaching services, advising, or programs owned, or operated, or affiliated by and/or with Steph Hendel L.L.C.; including but not limited to increased health, happiness, improved relationships, mental clarity and improvement, and/or weight loss. Nor does Steph Hendel L.L.C. and The Released Party promise any results

I understand that the released parties will protect my information as confidential unless I state otherwise in writing. If I report child, elder abuse or neglect or threaten to harm myself or someone else, I understand that necessary actions will be taken and my confidentiality agreement limited in this capacity. Furthermore, if my Coach(es) are ordered by a court to provide information or to testify, they will do so to the extent of that the law requires.

I understand that the use of technology is not always secure and I accept the risks of confidentiality in the use of email, text, phone, Skype and other technology.

I hereby release, waive, acquit and forever discharge my Coach(es) and all affiliated with the released party, any agents, successors, assigns, personal representatives, executors, heirs and employees from every claim, suit action, demand or right to compensation for damages I may claim to have or that I may have arising out of acts or omissions by myself or by my Coach(es) as a result of the advice given by my Coach(es) or otherwise resulting from the coaching relationship contemplated by this agreement. I further declare and represent that no promise, inducement or agreement not expressed in this agreement has been made to me to agree to this agreement. This agreement shall bind my heirs, executors, personal representatives, successors, assigns, and agents.

Further more I release Steph Hendel L.L.C. from any and all liabilities, claims, demands or causes of actions that may hereafter have for injuries and damages arising out of my participation in Steph Hendel L.L.C., Steph Hendel Coaching or Body Built By Love products or services including but not limited to losses caused by the negligence of Steph Hendel L.L.C., Steph Hendel Coaching or Body Built By Love.

I understand that Steph Hendel L.L.C., Steph Hendel Coaching and Body Built By Love products and services, including all life and health coaching experiences have inherent discrepancies to certain societal and medical beliefs, philosophies, scientific claims and/or habits which no amount of caution, instruction or experience can fully eliminate, and I expressly and voluntarily assume all risk of death

and personal injuries sustained while participating in Steph Hendel L.L.C., Steph Hendel Coaching and Body built By Love products, activities or services.

I have been advised and recognize that the activities or suggestions made by Steph Hendel L.L.C. to guide me towards a holistic health lifestyle are elective at the user's discretion and are outside the coverage from any personal accident or general liability insurance policy issued to the released party (Steph Hendel L.L.C.).

I hereby expressly recognize that this agreement and release of liability is a contract pursuant to which I have released any and all claims against the released parties resulting from my participation and voluntary involvement in Steph Hendel L.L.C., Steph Hendel Coaching & Body Built By Love products or services or activities including any claims caused by negligence on behalf of either party.

I acknowledge this agreement fully by continuing to utilize this website and experience The Released Parties content, services, programs, advising, mentorship, information and courses, and will communicate via written email to assistant@StephHendel.com as well acknowledge my email directly to The Released Party in the fashion in which I most frequently communicate with The Released Party whether it be via social messenger applications, text messaging, etc if I have any questions pertaining to this agreement.